



## **Brain-Compatible Learning**

An Workshop for Parents and Caregivers offered by Extended Studies at UC San Diego in Partnership with Urban Discovery Schools

Tuesday, September 20, 2022 6:00 - 7:00 pm Urban Discovery Academy 840 14th Street, San Diego

Join us for an exploration of ways in which parents and caregivers can increase creativity, persistence, and resilience at home and in the classroom based on a practical understanding of the human brain; socioemotional development and stress reduction; 21st-century essential skills; and much, much more.